## THE OFFICIAL CLUB NEWSLETTER ...

## DECEMBER 2018



#### KIXX Martial Arts Club - Visit from Malaysia

From the 12th to the 15th November we were very pleased to host a visit from Master Yap Boh Heong of Kuala Lumpur, Malaysia. His late father was a good friend and the renowned Grandmaster Yap Ching Hai. He had a student, Lyndon, with him who is from Holland. During the visit they participated in some of our classes and shared information with all in relaxed forums held in the evenings.





#### KIXX Martial Arts Club in MANILA

Nigel and Tracy were very pleased to be asked to accompany Grandmaster Han to the annual Nan Shaolin Wuzuquan Union Conference / Kong Han 80th year Celebration in Manila in November this year. The event was very well managed and the opportunities to network with other clubs from around the world was excellent. A thoroughly worthwhile trip.







Nigel & the Nan Shaolin Abbot

#### Auschwitz:

We very pleased for Emily, a student of KIXX Martial Arts Club, to be chosen to represent her school and country on a very special trip. Please see sht 2...



#### KIXX Martial Arts Club - CHRISTMAS SHUTDOWN

This years "Christmas 2018 - Shutdown List" is available in reception. There is a MODIFIED TIMETABLE.

PLEASE ensure that you have your copy of the KIXX Martial Arts - XMAS SHUTDOWN list !!!!!

We would like to avoid any confusion over the opening times and dates over the Christmas period.

KIXX Martial Arts Club



Merry Christmas and a Happy New Year

#### KIXX Martial Arts Club - KIDZ Chinese Boxing

The names of the winners to be awarded the weekly KIXX KIDZ Chinese Boxing Trophy for this month:

Will Keeley, ZakHussain, Joshua Hulbert and Emily Mikli

#### KIXX Martial Arts Club - KIDZ Qingda Sparring

The names of the winners to be awarded the weekly KIXX KIDZ Qingda Sparring Trophy for this month:

Ronnie, Archie Milne and Isla Nunn

### CALENDAR 2018 - Dates to Remember...

Saturday 8th DEC - KIXX Martial Arts Club Annual Awards Evening 6:30pm to 9pm

Tuesday 25th DEC - CHRISTMAS DAY Wednesday 26th DEC - BOXING DAY

Tuesday 1st JAN 2019 - NEW YEARS DAY Wednesday 2nd JAN 2019 - BOXING DAY Thursday 3rd JAN 2019 - Holiday Closure Friday 4th JAN 2019 - Holiday Closure Saturday 5th JAN 2019 - OPEN 9am to 12noon Monday 7th JAN 2019 - OPEN at 5pm

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Traditional Southern SHAOLIN Kungfu, Self-Defence, (Wu Chi) Relaxation, Wushu, KIXX Boxing, Martial Circuits, Strength and Conditioning, Weapons, Competition Fighting ...

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#### My Journey to Auschwitz, and back! (by Emily)

On Tuesday 13<sup>th</sup> November at 2am we started our Journey to Krakow, Poland. Once in Poland our first stop was Oswiecim (a small town which the Nazi's later renamed Auschwitz), in this town we explored the old town square comparing pre-war photo's to modern day.





Although it has been over 70 years it was surprising how small the changes were, most of the building had conserved their original structure. During Nazi occupancy the Jews and synagogues which were originally here were removed, one synagogue remained as during the war, the inside being totally devastated and used as a munitions warehouse. This has now been fully restored. We then made our way to Auschwitz I, here we received a guided tour of the blocks and gas chambers this was a surreal experience, Auschwitz I was very quiet, it also had an eerie atmosphere to the place. Within this tour we saw the remains of what polish prisoners had brought with them upon arrival to the camp, there was rooms filled with shoes, suitcases, prosthetic limbs, glasses and children's clothes.

After this we walked to the back of the camp where we saw a house where Rudolf Hoss (SS member) lived with his wife and children, and talked about how he could turn his humanity off like a switch. Hoss would be working on site with the prisoners then walk through his gate and go play with his children in the swimming pool. Outside Hoss's gate was where he was finally hung in 1947.

After this we travelled to Auschwitz Birkenau where was saw the infamous gate which the prisoners entered through upon arrival to the camp. The rail that can be seen leading into the camp was installed later on in the war as an easier way to transport the prisoners straight into the camp to go through selection. We saw a few of the bunks and the remains of the gas chambers that had been burnt down 4 days before the Russian's liberated the camp.

Once the sun had gone down we gathered at the end of the train tracks and held a memorial. The Rabi read some psalm's and shared some thought on what we had experienced throughout our visit. We then all lit our candles and placed them on the memorial statue.

Once this had all be completed we headed back to the coaches and returned to Krakow airport for our flight home. This trip was very hard but I'm glad I went as it was enlightening and a once in a lifetime experience.





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