THE OFFICIAL CLUB NEWSLETTER ...

MAY 2018



KIXX Martial Arts Club - FIGHT CLUB

The Fight Club on the 14th April was well attended and good sparring fun. Some of the bouts included; stand up (with gloves), stand up (without gloves), groundwork, pushing hands, and some set routines...









The **next FIGHT CLUB** will be held on Saturday the **12th May** from 12:30pm.......

KIXX Martial Arts Club Students at the BCCMA National Fight Squad Training

We are very pleased to have the following members attend the monthly BCCMA National Sanda Training sessions at the K2 Centre in Crawley; Jenga, Ben Keetarut, Ocean Banh and Henri Alabi. The session took place on Saturday the 28th April. Thanks to Nick and Paniko (Sanshou UK) for their help on the day. We all look forward to attending future sessions...



L to R: Henri, Ocean, Jenga and Ben

KIXX Martial Arts Club - Junior High Grades

Tracy would like to commend all of the children that came along to the High Grades on the 29th April. She said "We were able to cover a very wide range of the higher syllabus requirements and the children approached these subjects very enthusiastically. Well done".



KIXX Martial Arts Club - DAY TIME USERS

Day time users of the KIXX Martial Arts Club facility please note that during school term time the club house in Granville Rd may be closed on Mondays (2:45pm to 5pm), Tuesdays (3:15pm to 4:30pm) and Thursdays (2:50pm to 4:45pm). The reason for the temporary closures during school term time is to enable instructors to attend local primary schools to provide KIXX Martial Arts - After School Clubs. We would like to thank all of our members very much in advance for their help and support with this endeavour.

KIXX Martial Arts Club - KIDZ Chinese Boxing

The names of the winners to be awarded the weekly KIXX KIDZ Chinese Boxing Trophy for this month:

Ella Broderick, Oliver Rous, Ysabelle Fallaize and Theo Glee

KIXX Martial Arts Club - KIDZ Qingda Sparring

The names of the winners to be awarded the weekly KIXX KIDZ Qingda Sparring Trophy for this month:

Charlie Broderick, Harvey Steven, Tyler Grant and Leon Milne

CALENDAR 2018 - Dates to Remember...

7th MAY - BANK HOLIDAY (Closed)
12th MAY - FIGHT CLUB (Usual Rules)
13th MAY - Adults High Grades

19th MAY - BCCMA Squad at K2 20th MAY - Junior High Grades

28th MAY - BANK HOLIDAY (Closed)

9th JUNE - Chinese Boxing Grading (please check

KIXX Martial Arts Club is a Chinese Martial Arts Centre of Excellence for Adults / Children

Traditional Southern SHAOLIN Kungfu, Self-Defence, (Wu Chi) Relaxation, Wushu, KIXX Boxing, Martial Circuits, Strength and Conditioning, Weapons, Competition Fighting ...